

P. O. Box 3080, El Segundo, CA 90245



Summer Update

August / 2013

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Important Dates

September 6-8, 2013

Rat's Water Ski / Board Weekend
Needles Marina, Needles, CA

September 20-22, 2013

Rat's Water Ski / Board Weekend
Needles Marina, Needles, CA

September 28, 2013

Wine Maker Dinner for MS
San Diego, CA [See page 3 for details](#)

October 6-8, 2013

Rat's Water Ski / Board Weekend
Needles Marina, Needles, CA

October 18-20, 2013

Rat's Water Ski / Board Weekend
Park Moabi, Needles, CA

December 7-14, 2013

Snow Ski Trip to Big White, Canada

March 8-20, 2014

Snow Ski Trip to Sestriere, Italy
Hiking Trip to Cinque Terra, Italy

April 5-12, 2014

Snow Ski Trip to Big White, Canada

ONLY 4 TRIPS REMAINING! Check it out at www.RadarRiverRats.org!

radar **RIVER rats**

colorado **RIVER** skiing/boarding
needles **MARINA**

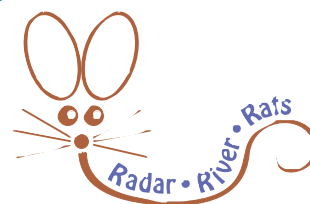


photo courtesy Catherine Ohl

& water **SKIING** wake **BOARDING** at it's very best!

2013 Colorado River **SCHEDULE**

June 21–23

July 12–14

Aug 9–11

Sept 6–8

Oct 4–6

July 26–28

Aug 23–25

Sept 20–22

Oct 18–20

Everyone Welcome

Friends • Family • Beginner • Expert

Please note: Our skis and wake boards are best suited for Beginners to Intermediates. We suggest if you require more advanced equipment that you rent them from your local sporting goods store.

Trip Includes—

- 1 Full & 1 Half Day Skiing/Boarding
- Equipment & Instruction
- Waterfront Camping
- Water Games
- 5 Meals– 3 on Saturday & 2 on Sunday
- Saturday Happy Hour
- Beer, Wine & Soda on Saturday & Sunday

What's NEW!—

- **New Location— Needles Marina**
- Pool, Showers & Rental Cabins available
- 6 PM Check-in. 5 PM Check-out on Sunday
- Option to add Friday Skiing/Boarding

Prices—

\$140 **	Skier / Boarder
\$70	Non-Skier *
\$35	Child age 6–12 *
Free	Child 5 and under*

* May not ride in the club boat during club hours.

** Subject to fuel surcharge if gas is more than \$5/gal

For Trip Information—

Visit www.RadarRiverRats.org

Call Patricia at 323-651-0686 (before 9 PM)

Boat Drivers—

Call Gene at 858-467-9469 (before 9 PM)

SOUNDING board

It's hard to believe that the water ski season is half over. The process of getting this newsletter out has been delayed since I have been busy traveling and doing other fun stuff.

New Location

Those of you who skied or boarded with us last year were most likely aware the issues with Park Moabi which is now managed by Pirate's Cove. We were lucky in that they honored our current contract and so many of the new rules didn't affect us yet. But as the season went it all became too much. So after much research we choose Needles Marina for our new river home.

Pricing for 2013

We've done a detailed analysis of our costs from the last two years, factoring in the higher costs of Needles Marina, and have decided, that we need to raise our fees.

- Skier fee is \$140 based on a gas cost of \$4.25 a gallon [or about \$5 in Needles]. If the price of gas exceeds this threshold, we may have to add a gas surcharge.
- Non-skier fee is \$70.
- The child fee of \$35 will be in effect since we are now charged for them. Children 5 and under will still be free. We love your kids, their energy and spirit.
- Individual membership will remain at \$20. A family membership will be \$40.

With another low snowfall this winter in Colorado, it has been an interesting summer for water skiing & wake boarding. Let pray that the powers to be manage the dams and retain a more consistent water level at the river. ■

Catherine

BOAT DRIVER update

Welcome to Summer

Hope you are all having a wonderful summer. We have been settling nicely into our new river home at Needles Marina. Life is good.

I would like to welcome back our very excellent boat drivers— **Catherine Ohl, Paul Jackson, Mark Mathis,** and **Craig Henderson**. All have been out to the river at least once this summer. The Jacksons, Catherine and myself have made almost every trip. We are really loving our new home.

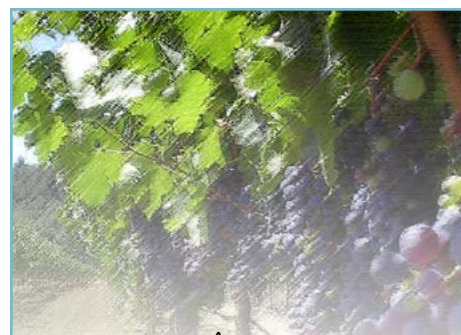
Needles Marina has some challenges, mostly we are getting used to changing water level and the beach. It's nice having the grass, the pool and all the awesome shade. We are skiing/boarding up river so it's all new to us but there seems to be a lot less traffic. It appears that most of the folks staying at Needles Marina launch their boats at the crack of 10 AM and head down to Park Moabi. All good for us.

I continue to embellish the river menus, adding some new twists, while staying within our budget. Come out to the river for a taste. Looking forward to skiing with you all again in 2013.

Wine Maker Dinner

The date for the Wine Maker Dinner is Saturday, September 28, 2013. Catherine sent out emails to past participants but we still have 4 spots open. Let me know asap if you'd like to attend. ■

Gene



Join Pac Rim for our 12th Annual

Wine Maker Dinner

Fundraiser for Can Do MS

Saturday, Sept 28, 2013, 5 PM

10818 Viacha Dr, San Diego

Sign Up

\$100*

- ☐ YES, please sign me up!
- ☐ Sorry I won't be able to attend. Accept my donation.

About the Dinner

- The dinner will consist of 6-7 courses with an exquisite wine specifically matched to each course.
- The dinner typically lasts 5 hours.

For Information

Call Gene at 858-467-9469

Send your \$100* Tax Deductible Contribution payable to

Can Do MS c/o Gene Fulkerson
10818 Viacha Dr., SD, CA 92124

ALL proceeds to benefit

Can Do MS formerly Heuga
Center for MS

IRS 501(c)(3) No. 74-2337853
www.msando.org •
970.926.1290

** 100% Tax Deductible. Since this is a fundraiser for charity, there will be no refunds.*

it's a 2012 **WRAP**

WATER SPORTS on the Colorado River

Another great year with the Radar River Rats at Park Moabi

More photos can be found at radarriverrats.org

It's been an incredible water ski season this year. The sunsets, the sunrises, the clouds, the moons, the skiing and boarding, the food and the people were wonderful. For nine weekends, Pacific Rim joined the Radar River Rats at Park Moabi on the Colorado River.

Our campsite was on the river with a hundred-yard private beach. **Gene Fulkerson** was our chef and as usual he was always trying to outdo himself. He now has everyone drooling over his fabulous garbage omelettes on Sunday.

Over the course of the summer we had four boat drivers— **Paul Jackson, Mark Mathis, Craig Henderson, Catherine Ohl**. In addition, **Troy** and **Seena** would occasionally show up with their boat.

The last trip of the year did not disappoint. Amazing sunrises and sunsets, unbelievable glass, Gene's deep fried turkey and great friends.

Many thanks to the people who chipped in and helped trip after trip— **Linda, Simone & Trudy**.

Be sure to check out the Photo Gallery at **RadarRiverRats.org** for summer photo highlights. ■



Joel and Barbara have made the last trip of the year for many years.



Gene on an early glass run. Not bad for a 73-year-old man.



Johnnie really enjoyed fishing. He caught enough for breakfast.



Alan worked hard and now he's up on the wakeboard... for miles.



Sean trying out the club's old "skufer," the predecessor to the wake board. Definitely an impressive ride.



Gene taking the boys out for a testosterone run.



Another beautiful sunset on our last night on the beach.

photos courtesy Catherine Ohl

it's a 2013 **WRAP** **WATER SPORTS** on the Colorado River

Needles Marina welcomes the Radar River Rats

More photos can be found at radarriverrats.org

June 21—23, 2013



Simone, George and Gene with their facebook faces.

July 12—14, 2013



Paul taking skiers and boarders out for an early run.

July 26—28, 2013

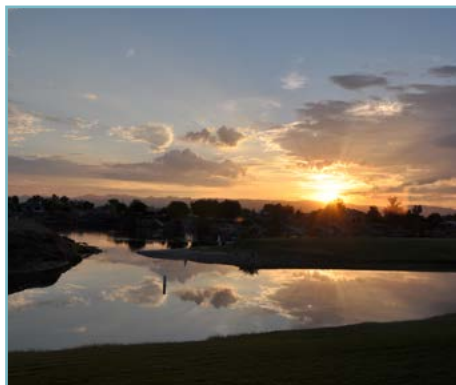


photos courtesy Catherine Ohl

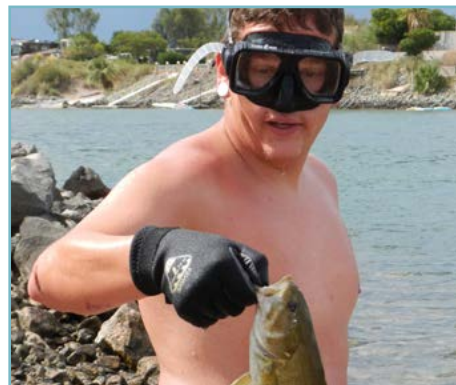
Craig got some impressive ski runs in on Saturday. Too sore to see Sunday.



Dinner with George, Mark, Linda, Gene and Laura.



Sunrise from our campsite.



Brian speared some awesome looking fish... catch and release.



Welcome back Laura. She missed all of last year due to a broken arm.



Murray, Sean, Gene, Scotty, George & Paul in front of our new beach tarp.



Patty, from Santiago, Chile, and Carmen.

it's a 2013 **WRAP**

WATER SPORTS on the Colorado River

Needles Marina welcomes the Radar River Rats

More photos can be found at radarriverrats.org

August 9—11, 2013

Great weekend. Lots of sun and great water sports. The boys went spear fishing and caught enough for dinner appetizers. It was awesome.

We've settled into our new home at Needles Marina. It hasn't been that much of an adjustment and the people at the Marina are so helpful and accommodating. We love the grass.

We've figured out what campsites suit us best and have been reserving them for next year.

We are still trying to figure out the water level—it's about 2 to 3 hours ahead of Park Moabi so we still need to adjust.

After a false start, we switched to skiing upriver. It seems less crowded as most boats in Needles don't get launched until 10 AM and then they head south.

Our four boat drivers have been out to the river— **Paul Jackson, Mark Mathis, Craig Henderson, Catherine Ohl.** ■



Abhhh! Paul and Carmen grabbing a private moment.



A night-time float with Scotty, Simone, Kim, Trudy, Gene, Carmen & Paul.



Mead Murray getting ready to go spear fishing.



Brunch with Paul, Trudy, Brian, Gene, Simone & Scotty.



Simone on an early morning glass run.



Brian caught another fish to be grilled for dinner. They were awesome.



Kitchen duty with Brian and Conor. Impressed they are even drying the dishes..

it's a 2013 **WRAP** **WATER SPORTS** on the Colorado River

Needles Marina welcomes the Radar River Rats

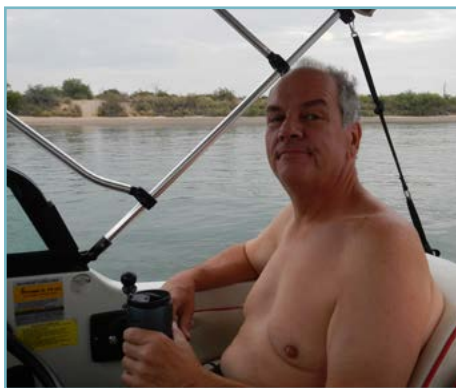
More photos can be found at radarriverrats.org

August 23—25, 2013

I would say that the predicted rains scared everyone away. There was NO ONE on the river. Yes, we got rained on but the skiing was awesome. This was such a wonderful relaxing weekend. The main challenge came from the torrential down pours we experienced leaving town. Some of us lucked out and didn't get caught in the closed roads while others got caught a couple of times. ■



Paul, Carmen and Gene anchoring the boat.



Paul, our boat skipper for the weekend.



photos courtesy Catherine Ohl

The highlight of the weekend was the news that Seena and Troy are expecting a daughter in December. They are so happy. Congratulations!



Carmen on a 10 AM glass run.



Gene on his 10 AM glass run.

US WOMEN win big on the slopes

Alpine skier Lindsey Vonn caps a banner year for American snow queens.

Lindsey Vonn dominates World Cup skiing

Lindsey Vonn is well on her way to earning her fourth Alpine skiing World Cup overall season title. She will have won more than U.S. **Phil Mahre's** record of three and more than all but two skiers— Austria's **Annemarie Moser-Proell** (six) and Luxembourg's **Marc Girardelli** (five).

Her overall results this year are from the sport's five disciplines. Lindsey has won in four of them this season, 11 wins in all (4 downhill, 5 Super-G, 1 GS, 1 super-combined), matching her own U.S. record season total.

Since 2008, she has skied to an Olympic gold, two World Championship golds, four World Cup overall crystal globes, five straight World Cup season titles in downhill, three straight in combined. She should win a fourth straight Super-G title at the World Cup championships.

No athlete in any sport has been more consistently brilliant over the past several years than Lindsey. World Cup overall titles reward consistency over an entire season. Her 52 World Cup race victories — third on the all-time women's list — testify to stunning consistency over the eight years since she won the first.

Teammate **Julia Mancuso** is currently 5th overall with two 2012 World Cup wins.

Sarah Hendrickson sets ski jumping history

In the inaugural World Cup season for women's ski jumping, 17-year-old **Sarah Hendrickson** captured the overall title in stunning style. No matter that she wasn't even selected for the US Ski Team last year; she forged ahead with nine wins out of 13 competitions, capturing the crystal globe by a commanding 1,169 points over Austrian runner-



photo courtesy Women's Ski Jumping USA

US Women's Ski Jumping Team ends inaugural season as the dominant top-ranked squad — Lindsey Van, Alissa Johnson, Abby Hughes (kneeling), Jessica Jerome, Sarah Hendrickson (overall winner), Executive Director Jenny Holden.

up Daniela Iraschko, with 779 points. Teammate **Lindsey Van** placed fourth.

After a hard-fought battle, Sarah and other women ski jumpers have finally been given their own spot in the Olympic Games – meaning the team is well-placed to win medals in the first Olympic women's ski jumping competition in Sochi, Russia in 2014.

Hannah Kearney conquers the bumps

Meanwhile on the bumps, mogul skier **Hannah Kearney** recorded a 16-win streak beginning in January 2011 and only ending last month. That's a record not only for freestyle skiers, but also for skiers (both men and women) from all disciplines, from downhill to slalom to cross-country to jumping.

The 2010 Olympic champion sure showed her success was no fluke. Hannah still has nearly double the World Cup points of her nearest competitor.

Kikkan Randall blows the field away

In Nordic skiing, where for years a top-30 finish was cheered back home, Alaskan **Kikkan Randall** this week wrapped up the overall World Cup sprint title.

But the Kikkanimal, as she dubbed herself in high school, became the first American to win a World Cup title since Bill Koch in 1982 – the year she was born.

Susan Dunklee makes a statement with a gun

Biathlete **Susan Dunklee**, who only picked up shooting after graduating from Dartmouth in 2008, astonished many by nearly capturing a medal at the World Championships in Ruhpolding, Germany. She slipped to fifth in the final stages of the race, with slushy snow making for slow going, but her result is still the best ever for U.S. women. ■

SNOW INDUSTRY bulletin

exciting CHANGES

for skiers in the west

Excerpted from saminfo.com

Vail Resorts Buys Kirkwood

Vail Resorts, Inc. announced on February 22, 2012 that it has entered into an agreement to acquire Kirkwood Mountain Resort at Lake Tahoe, CA.

Vail Resorts is purchasing the ski resort as well as the undeveloped sites at the center of the base area which are zoned for residential and commercial development for approximately \$18 million. The seller will retain a participation interest in the base area parcels and will continue to own the remainder of the real estate development sites.

Vail Resorts announced that effective immediately Heavenly and Northstar pass holders will have access to Kirkwood and Kirkwood pass holders will be able to ski and ride Heavenly and Northstar.

Big Sky Tram Will Open This Summer

For the first time, Big Sky will run the Lone Peak Tram to give guests access to the 11,166-foot peak and its 360-degree views, and will offer guided Lone Peak Expeditions starting in July 2012.

Expedition guests can choose one of four daily guided trips (\$75 per person), starting in Big Sky's Basecamp building in the Mountain Village. Guests ride up the Swift Current chairlift, where a guide takes them via safari vehicle to the tram base and a ride to the mountain summit.

There, guests can take in the vista, get snacks, and take short guided hikes. For the descent, they can choose to hike from the top or take the tram, vehicle, and lift back to the base area.



photo courtesy Catherine Ohi

January 27, 2012, Eagle Point was the last Utah ski resort to open this season.

Low Snow Curbs Skier Visits in the West

Recent shifts in storm systems that brought much-needed snow to many western resorts came too late to boost early season destination travel, with hotel occupancy declining 3.7 percent during the month of January. The booking pace for arrivals in January through June dropped more dramatically, down 23.8 percent compared to the same time last year. These numbers are based on the most recent data from the Mountain Travel Research Program (MTRiP).

New Ski Area for Utah

Cache County Planning Commission granted a conditional use permit for the proposed Cherry Creek ski area in northern Utah.

The proposal for the new ski area includes 203 acres of terrain, base area and mid-mountain facilities, four lifts, a terrain park, a zipline, three water storage reservoirs and a tubing hill. ■

SAGA of lawsuits at SNOW BOWL

Court Upholds Permit for Snowmaking

Arizona Snowbowl and the U.S. Forest Service gained another court victory today as the U.S. Court of Appeals for the Ninth District affirmed a district court decision upholding the Forest Service's 2005 Record of Decision regarding snowmaking at the Snowbowl, rejecting a suit brought by the Save the Peaks Coalition. The decision allows Snowbowl to continue with its snowmaking installation.

The Judge termed the plaintiff's case against the ski resort a gross abuse of the judicial process, as some the plaintiff's arguments were nearly identical to arguments previously made by the Navajo Nation in a suit rejected by the courts earlier.

The snowmaking system is phase 1 of the ski area's upgrade plan, which also includes new lifts, trails, and upgrades to the facilities. But all these improvements are dependent on snowmaking. A sustainable business model is the first priority, which requires snowmaking. ■

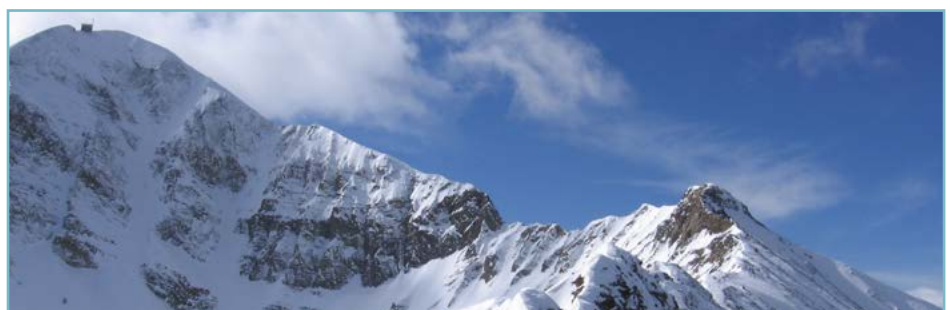


photo courtesy Moonlight Basin

After filing for bankruptcy two years ago, the assets of Moonlight Basin, MT were sold to the estate of Lehman Brothers Holdings Inc.

SNOW INDUSTRY bulletin

exciting CHANGES

for skiers in the west

Excerpted from saminfo.com

Idaho Ski Resort Offered Free to Non-Profit

Bruce Willis says he's willing to give away his central Idaho ski resort to a non-profit organization. The Idaho Mountain Express reports he has told Camas County leaders that he will gift his popular Soldier Mountain ski area in Fairfield, Idaho, to the right nonprofit.

Willis has owned the ski area since the late 1990s. It boasts 1,150 acres of in-bounds terrain, and its three lifts give access to a vertical rise of 1,425 feet.

Utah Resort to be Auctioned

Wolf Creek Utah Resort, Wolf Mountain Ski Resort and a number of buildings and other assets, including development property, will be sold at auction on Friday June 1, 2012.

Auction parcels include an 18-hole championship golf course, a ski resort and future development land suitable for approximately 850 to 950 mixed use lots.

The ski area has 1,000 vertical and a top elevation of 6,500 feet. A triple chair, two doubles and a conveyor lift serve 100 acres. It has lights for night skiing, and snowmaking on 60% of its terrain.

On auction day a \$100,000 deposit in the form of a cashier's check is required to bid.

Aspen Gets X-games for Two More Years

ESPN and the Aspen Skiing Company have reached an agreement that will keep the Winter X Games, the world's signature action sports event, in Aspen/Snowmass through 2014. This will keep the games in Aspen/Snowmass for a total of 13 years.



photo courtesy Wolf Creek Resort

Wolf Creek to go on the auction block on June 1, 2012. Got a spare \$100K.

California Company looking to buy Powder Mountain

Summit Series, based in Malibu, California, is exploring the possible purchase of Powder Mountain Resort near Eden, Utah.

More than a dozen Summit officials are renting multiple homes in the Eden area. They said their goal is to purchase Powder Mountain and change it as little as possible.

Would be Tamarack Buyer Arrested on Fraud Charges

Pension fund trustee and investment adviser **Matthew Hutcheson**, who bid \$40 million for Tamarack Resort in 2010, has been arrested on 31 counts for defrauding two pension funds under his control. The indictment charges that Hutcheson used the money in his effort to buy the Tamarack resort as well as for his personal use. ■

boat SAFETY

Carbon Monoxide

"Teak surfing" or being dragged closely behind a boat is illegal and can be deadly! Those being dragged can inhale the colorless, odorless, tasteless and DEADLY gas called Carbon Monoxide. Avoid the death zones!

Swimming near or under the back deck or swim platform while the motor is running is dangerous. You can inhale Carbon Monoxide.

Did you know that all boats need to display a Carbon Monoxide safety sticker on their boat? You can obtain the sticker from the California Department of Boating and Waterways.

Drinking

Bring your life jacket, but leave the alcohol at home. The side effects of alcohol – impaired judgment, reduced balance, poor coordination – can be magnified by the boating environment.

Designating a driver is not enough on boats. Drunken passengers on boats can easily fall overboard, swim near the propeller or cause loading problems by leaning over the side or standing up in small vessels, causing vessels to capsize. If you do drink, wear a life jacket. ■



photo courtesy Powderhorn ©Trousdale

Powderhorn, CO, is celebrating the end of its first season under new ownership with better than expected good results.

getting & staying **FIT**

WORKOUT to get ready for summer

It's not too late to get fired up and start those ski workouts.

Excerpted from Julie Bostian, About.com



photo courtesy Big White Ski Resort

Ski instructor Josh goes from the Snow...

This article is geared towards keeping you in shape in the off-season and getting your body ready when it is time to strap on your water toys. However, these tips can come in handy during the in-season as well. Don't forget to stretch before you exercise.

Legs/Knees

Your legs are one of the most important target areas. Try leg presses, extensions, and curls.

Abdominals

Abdominal muscles are key to helping you hold the correct waterskiing body positions. To strengthen the abs try mini sit-ups, crunches, and variations of leg lifts.

Shoulders And Back

For strengthening your shoulders, back, and also the legs, the rowing machine may be the best off-season workout tool. Try rowing 20 minutes a day, three to four times a week. Also, try front and side raises, and pull downs.

Cardiovascular

The cardio workout is essential for building your endurance. Aerobics at least three days a week is always great to get you in shape. Don't think aerobic exercise is just for females. Guys can benefit from it as well.

Alternatives

Many water skiers and wake boarders also use a treadmill or Soloflex to keep in shape. And many switch gears and take to snow skiing and snowboarding for the winter, which also gives you practice running a course. Another good cross over sport is basketball because it helps build endurance and spring in the legs.

Tricks

Many wake boarders love trampoline training, not only to keep a lean body, but also to learn new wakeboard tricks.

Speed and Power

So, how do you gain power and not give up leg speed or flexibility? One answer is the use of plyometrics, which is a series of explosive drills and exercises that enable an athlete to develop power, which helps to increase speed and power. ■



photo courtesy Catherine Ohl

...to the water with Mark.

SNOW to WATER

POWDER to glass

Hitting the snow ski slopes is an excellent way to keep in shape during the water skiing off-season.

The day you winterize your boat does not have to be the beginning of the end. For some, sliding across snow can offer the same thrills as skimming across the water.

Similar Techniques

Waterskiing and down hill snow skiing require similar techniques. And the same similarities hold true between wake boarding and snow boarding.

Both involve weight shifts and lateral movements requiring balance, and substantial pressure on the legs. Lots of water sports pros and recreationalists turn in their slalom skis and wakeboards when the winter chill sets in to hit the ski slopes to stay on top of their game.

Consider the similarities between skiing the slalom course on the slopes and skiing the slalom course on the water.

Successful slalom runs require you to face your upper body down the course, both across the centerline and around the turns. This means you turn your legs and hips at the waist without turning the upper body. ■

KIDS' korner

GOOD STUFF for the kids & grandkids

Teaching children to water ski

Some of my best days on the water have been witnessing a child getting up on skis for the first time. The expression of excitement on their face is priceless.

But to a child, the thought of being pulled behind a boat on skis for the first time can be frightening. You don't want to force a child into skiing before they are ready. Even when they say they want to ski but you get them in the middle of the river and they won't go in the water. Children have to be confident they want to learn.

So instead of trying to talk them into skiing we practice getting the kids to jump off the swim step and into the deep water with an adult to catch them.



photo courtesy Catherine Ohl

2-year-old Brooke on the horseshoe ski being towed in the shallow water on our beach.

Start On Dry Land

The first thing we do when a child thinks they want to ski is to practice on dry land. We put them on our horseshoe ski and give them the ski handle attached to the ski and drag them around for a while. We talk them through what is happening and explain to them about balance.



photo courtesy Catherine Ohl

3-year-old Danielle being towed on an inflatable ski trainer.

Keep Them On Their Toes

We attempt to keep their weight on their balls of their feet. This has the affect of keeping them off their heels and consequently off their butts. It is virtually impossible for someone to keep their arms straight when the sensation of falling backwards occurs. Having the weight on the balls of the feet makes it much more difficult to fall backward. Now, as long as the knees are bent the child is not only more stable but it also gives them better control of the ski for maneuvering.



photo courtesy Catherine Ohl

4-year-old Jacqueline skiing on an inflatable ski trainer.

Getting in the Water

Drill into the child's head these important things. Keep your knees bent and together, head up, shoulders back, and arms straight. If they do not get it right the first couple of times, do not get upset with them. Patience is needed.

We tend to start most kids on a towable or the kneeboard. They can just hang on while we pull them slowly behind the boat.

When they are ready to start skiing have an adult get in the water. Help them get their skis pointed forward, and hold the tails of the skis down as the driver begins the pull. If they are unsuccessful, you are right there to help them get started again. If they get up, just hang out in the water until the boat returns and stay visible to other boaters.



photo courtesy Catherine Ohl

10-year-old Bailey being towed on the kneeboard and having a blast.

We do not attach the rope to the tow bar right away but have someone in the boat hold it. This way, the child can start on a shorter rope and we can lengthen the rope slowing. Also when a child falls they do not want to let go of the rope. This way you can release it and reduce the risk of injury.

Make Them A Star

Try video taping the child skiing. They will get a kick out of seeing themselves on the tube, and this is a great way to show them what they are going right. ■



Italy 2014

www.PacificRimAlliance.org

SESTRIERE — \$1,699 per person dbl. occ.

March 8–16, 2014

Sestriere Package Includes

- Seven nights **Lodging** at 4-star Hotel Cristallo
- Near Town Center & across from Lifts
- Breakfasts and Dinners Daily
- Jacuzzi, Turkish Bath & Gym
- Massage & Solarium (for a fee)
- Round Trip **Air** on SWISS to Milan
- **Transfer** from/to Milan Airport
- Daily Après Ski **Parties**

Not Included

- Lift Tickets
- Air Taxes & Fuel Surcharges (est. \$655)



CINQUE TERRE — \$499 per person dbl. occ.

March 16–20, 2014



Cinque Terre Package Includes

- Four nights **Lodging** at 3-star Hotel Marina, Monterosso al Mare
- Buffet **Breakfast** Daily
- Hotel **Taxes**
- **Transfer** from Sestriere
- Daily Après Ski **Parties**

\$400 Payment due NOW—

Pacific Rim Alliance
10818 Viacha Dr., San Diego, CA 92124

For Information contact Gene Fullkerson—
gene@pacificrimalliance.org or 858-467-9469

Cancellation—

Second Payment \$800 due Sept. 1, 2013
Balance Payment due Dec. 1, 2013
No Cancellations after Jan. 1, 2014

Via Lattea in Piemonte, Italy

- Skiable area: 250 miles
- Snowmaking: 75 miles
- Ski lifts: 88
- Runs: 7 Green, 112 Red, 54 Blue, 36 Black

The Via Lattea (Milky Way) resort consists of Claviere (5775 feet), Sansicario (5577 feet), Sauze d'Oulx (5000 feet), and **Sestriere** (6677 feet) in Italy, and Montgenèvre (6070 feet) in France. These are the base elevations.



www.PacificRimAlliance.org

BigWhite spring fest

April 5–12, 2014



photo courtesy Big White

Basic Package \$699 per person dbl occ *

- Seven nights **Lodging** at The White Crystal Inn
 - Ski in / Ski out, located in the Village Center.
 - Standard Room with 2 Queen Beds.
 - Rooms have Mini-fridge & Coffee Maker.
 - On-site Santé Bar & Grill
 - Open Breakfast, Lunch, Dinner.
 - Hot Tub & Lockers.
 - Includes GST and Bed Taxes.
- Seven days **Lift Tickets**.
- **Transfer** from/to Kelowna Airport.
- Daily Après Ski **Parties**.

NOT Included—

- Air** to/from the Resort
 - **United flies non-stop from LAX from \$324**
 - West Jet flies non-stop from LAX
 - Air Canada/Jazz, Alaska/Horizons fly into Kelowna

\$200 Payment due NOW—

Pacific Rim Alliance
10818 Viacha Dr.
San Diego, CA 92124

Cancellation—

Final Payment due Feb. 1, 2014.
No Cancellations after Feb. 15, 2014.

* **Superior Kitchenette**— add \$95 pp

about Big White

- 25 feet annual dry powder.
- 2,800 patrolled skiable acres.
- 2,550 feet of vertical.
- 4.5 miles longest run.
- 6% ◆◆ 22% ◆ 54% ■ 18% ●
- 118 designated runs.
- 10 ski lifts (6 are high speed).
- Free ski hosts tour at 10:30 AM.
- 5,757 feet Village elevation.
- 18 Restaurants & Bars.
- The Best Ever Powder Skiing.



COMMUNITY center giving BACK

There are so many ways to get involved and it's so easy to do.

Can Do MS

For the past 13 years the Rats & Pacific Rim has hosted a wine maker dinner for **Can Do MS**. Each dinner typically raises around \$2,500. 100% of the proceeds go to the Center. We collect donations year round whether you attend the dinner or not.



Can Do MS [formerly Heuga Center for MS]
IRS 501(c)(3) Number 74-2337853
www.mscando.org • 970.926.1290

Our next dinner will be **Sept. 28, 2013**.
For more information contact

Gene Fulkerson
gene@pacificrimalliance.org
858-467-9469

Hope on the Slopes



The goal of **Hope on the Slopes** is to not only have fun, but also raise money for the American

Cancer Society, helping in its mission to eliminate cancer.

Pledges raised through Hope on the Slopes help provide cancer patients and their families with information and support, fund research that leads to improved treatments, educate the public about cancer prevention and early detection, and help ensure that everyone has access to lifesaving cancer screenings.

Hope on the Slopes is a team and individual 24-hour skiing event held at various ski resorts around the country. Participants engage in a virtual competition with other Hope on the Slopes participants in two categories: Dollars Raised and Vertical Feet.

To find out more visit <http://www.cancer.org/MyAcs/GreatWest/AreaHighlights/hope-on-the-slopes>.



Jason Fraizer of Diamond Bar takes a spin on a wake board at Marine Stadium in Long Beach, during the Casa Colina Center for Rehabilitation Annual Land Meets Sea sports camp. Activities include water, land, recreation and competitive sports such as hand cycling, swimming, water and jet skiing, kayaking and hot air ballooning.

USARC

United States Adaptive Recreation Center (USARC) is committed to guiding people with disabilities toward the creation and affirmation of rewarding lifestyles. Located in Big Bear, CA, USARC runs an adaptive ski school in the winter. In the summer USARC takes to the fresh waters of Big Bear Lake for wet and wild adaptive water skiing, jet skiing, kayaking, sailing and fishing.

Volunteers are always needed. Volunteers must be at least 18 years old; intermediate skiers, water sports enthusiasts, or mountain bikers; able to complete the required training criteria, and available to teach midweek during winter or summer.

To volunteer contact **Sara Richter**, Outreach Coordinator, sara@usarc.org.

Recycle Program



The Rats recycle cans, bottles and glass on all our trips. Each quarter we donate the proceeds to a charity. This quarter's donation will go to the **Hope on the Slopes**.

To contribute <https://www.cancer.org/involved/donate/donateonlinenow/index>.

Support The Unrecables

[Re] Register your Ralphs Card

The Unrecables Ski Club is a non-profit, volunteer-based organization,



serving the recreational needs of people with disabilities. They promote adaptive sports, and encourage people with disabilities to participate in sports, recreational, and social activities in their communities. The club is a member of the LA Council of Ski Clubs.

[Re]registering your Ralphs Card is easy.

- Log in to **www.ralphs.com**.
- Click on **Community Contribution**.
- Click on **Participant**.
- Follow the easy steps to enroll. **Their NPO# is 80831**. Be sure to complete all information.
- Set back and watch your grocery shopping save you money and at the same time earn revenue for The Unrecables.

To volunteer visit unrecables.org or email info@unrecables.org. ■

photo Stephen Carr/ Press-Telegram